

Activity Level for Napa – Train Denver to San Fran tour

## **Moderate Activity Level**

The trip may require walking up to 3 miles per day along hilly streets. You should be able to navigate steps, gangways, and hilly terrain on your own. A moderate amount of walking over rocks and steep inclines. While physical conditioning is not required, you should be in overall good health. Example: an active day-long tour of a city with museums or exploring rocky terrain at a national park.